


SCAPHON

Southern California Association of

Newsletter
 Of the
 Association of
 Pediatric/Hematology Oncology Nurses
 Southern California Chapter



SCAPHON SCOOP

"In life, one has a choice to take one of two paths: to wait for some special day--or to celebrate each special day." Rasheed Ogunlaru

Hello SCAPHON Members,

As the holidays approach, and our lives get caught up in the hustle and bustle of the season, I wanted to thank each and every one of you for the life and energy you bring to SCAPHON, for all you do in your daily careers, and for the care you provide to our most vulnerable population, our hematology and oncology patients and their families.

I'm certain you've heard as often as I have, "how can you work with children with cancer, with children with sickle cell disease, how can you do that day to day?". I am sure we all have our answer we carry close in our heart. Part of mine lives in the above quote--it is through my calling that I've truly learned to treasure these words. Whenever I think I'm having a bad day, when the phone won't stop ringing, or I'm fighting with an insurance company, it is these words that remind me to be grateful for all I have: to take a breath and feel the peace that comes from knowing that I been fortunate to experience life's little miracles on a daily basis, because we do see miracles every day. I see them when a child rings the end of treatment bell, when I receive the hug from a parent when she's told pathology shows mature tumor and chemotherapy is complete. When a father beams with joy, as he's showing us a video of his daughter with Randy Fenoli, on Say Yes To the Dress. In this instance I am fighting back tears, watching his beautiful 12-year-old girl posing with a wedding dress in front of her and a tiara being held over her head and the most joyful smile on her face. I know that she is nearing her the end of her 8-year battle with cancer and soon will no longer grace our earth with her courageous, indomitable spirit. We are witness to these daily miracles and our patients and families demonstrate to us time and again the incredible power of perspective. I remember when one of our patients with osteosarcoma announced to the teen group how thankful she is that her tumor is in her jaw, because she loves playing soccer, and if it was in her leg as is most common, then she would no longer be able to play.

The truth is, we all have suffering in our lives and just as others might not be aware of our suffering, we might not be aware of other people's issues in the moment. When that person cuts you off in traffic, when you get disconnected from the insurance company for the 5th time, take a breath and pause. Be present in that moment, be aware of the universe reaching out to you to give you an opportunity to see a miracle in that space. Maybe, that person who cut you off was racing to a critical appointment. Maybe that disconnected phone line will turn into speaking with someone who approves your request. Be thankful for that small inconvenience or even a formidable challenge, as it may turn into a reason to celebrate. May we all look for reasons to celebrate daily, and as I frequently say to my colleagues, we can always find reasons to be thankful'

Lynn Schubert,
SCAPHON President



Opportunities for Professional Growth



APHON Pediatric Chemotherapy/Biotherapy Provider Course

13.75 Contact Hours
Pediatric Chemo/Biotherapy Provider Card



Children's Hospital Los Angeles

Jan 8 & 9, 2020
April 2 & 3, 2020
July 1 & 2, 2020
October 7 & 8, 2020

\$150 CHLA employees / \$300 Non-CHLA employees
To register, contact Maria Velasco at (323) 361-1677 or
at mvelasco@chla.usc.edu



44th Annual Conference and Exhibit

September 3-5, 2020
New York, NY

See you there!

SCAPHON Website On-Line!

Our website address is:
www.scaphon.org

The SCAPHON website features Information about:

- ❖ Quarterly Meetings
- ❖ Conferences
- ❖ Scholarships
- ❖ Board Members
- ❖ Downloadable copy of our newsletter
- ❖ Quarterly Dinner Meeting Flyer
- ❖ And now the conference brochure!

Please visit our website often!

Contact:

Anne Nord @ website@SCAPHON.org



APHON Webinar:

**Why Does it Hurt?
Acute and Chronic Pain in Sickle Cell Disease
Wednesday, January 15, 2020
1:00pm - 2:15pm**

**Speaker
Susan Carson, MSN RN CPNP
Nurse Practitioner
Children's Hospital Los Angeles**

Registration:
<https://ace.aphon.org/topclass/>

The SCAPHON SCOOP

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Education Corner
Sharon Bergeron, RN, BSN, CPON, Research Educator,
Hyundai Cancer Institute, CHOC Children's Hospital

Utilizing a Novel CDK 4/6 Inhibitor, Palbociclib, in Combination with Chemotherapy in Children with Relapsed Acute Lymphoblastic Leukemia or Lymphoblastic Lymphoma

Palbociclib is a novel CDK 4/6 inhibitor. This agent inhibits DNA synthesis by preventing progression from the G1 to S phase of the cell cycle. Both CDK4 and CDK6 are key regulators of cell division. Inhibition of CDK4/6 helps control cell growth by inducing G1 arrest and reducing cell-cycle progression. It is important to inhibit both CDK4 and CDK6 for effective suppression of tumor activity.

Pre-clinical studies have demonstrated that targeting of the CDK4/6 complex using palbociclib, can suppress ALL proliferation and lead to efficient cell death and disease remission in animal models of the disease. Palbociclib has been studied as monotherapy or in combination with other agents in several clinical studies for adults with selected solid tumors and most extensively in woman with advanced breast cancer. While palbociclib has been studied most extensively in combination with hormone therapy, it has also been studied in combination with paclitaxel in metastatic breast cancer in which the regimen was well tolerated and prolonged tumor responses were observed. The dose limiting toxicity in these trials was neutropenia and thrombocytopenia. There has been one pediatric study of palbociclib in children with Rb-positive relapsed, progressive or refractory CNS tumors. Grade 4 neutropenia was also seen as in the adult clinical trials.

A current pilot study within the Children's Oncology Group, AINV18P1, is looking at this agent when administered in combination with a standard re-induction platform in pediatric relapsed ALL and lymphoblastic lymphoma. Block 1 therapy from AALLO1P2 was selected as the re-induction platform for this study because this regimen has a well-established response, safety and feasibility track record in studies that COG has conducted previously, both alone and in combination with novel agents. The only modification that has been made to this regimen is reducing the number of doses of peg-asparaginase from 4 to 2 as to minimize the risk for toxicity, particularly among the adolescent and young adult patients.

Palbociclib is given orally once daily on Days 1-21 of each cycle in combination with re-induction chemotherapy that begins on day 4 of the cycle. The starting dose of this agent is 50 mg/m²/day. A cycle of therapy is 32 days. The re-induction chemotherapy includes IT chemotherapy which agents depend on CNS status of the patient so it could be Methotrexate alone (CNS1 and 2) vs. triple therapy-MTX, Hydrocortisone and Ara-C) for CNS3 patients along with doxorubicin, prednisone, vincristine and Peg-asparaginase. The agent should be administered with food. Patients need to swallow capsules whole, do not crush, chew or open capsules prior to swallowing. For patients who can't swallow capsules whole, the oral capsules may be formulated into a suspension and it is not necessary to take with food. If a patient vomits, an additional dose should not be taken. The next prescribed dose should be taken at the usual administration time.

Common Side Effects of Drug:

- Infection
- Neutropenia, Anemia, Thrombocytopenia
- Fatigue
- Nausea
- Stomatitis
- Diarrhea
- Fever
- Alopecia

Special Considerations and Monitoring Required:

- **It is strongly recommended that due to a significantly increased risk of morbidity and mortality in children with multiple relapsed ALL undergoing intensive therapy, hospitalization from initiation of therapy until afebrile, clinically stable and evidence of count recovery.**
- Monitor **CBC and platelet counts** due to increased risk of neutropenia, anemia and thrombocytopenia.
- Administer the oral inhibitor at approximately the same time each day.
- If the patient vomits, an additional dose shouldn't be taken. Administer the next prescribe dose at usual time.
- If the dose is missed and next dose is more than 12 hours away, the missed dose should be administered; if less than 12 hours away, do not administer the agent. Missed doses are not made up.
- Avoid grapefruit and grapefruit juice for the duration of protocol therapy. Avoid enzyme inducing anticonvulsants, azole antifungals, macrolide antibiotics and strong CYP3A4 inhibitors and growth factor.

From the SCAPHON 2019 Conference Planning Chair...
Alison D. Bell, DNP, CPNP, CNS, RN
Assistant Professor,
Pediatric Nurse Practitioner Program Coordinator
LOMA LINDA UNIVERSITY | School of Nursing

Save the Date:

SCAPHON's 34th Regional Conference on Pediatric Hematology Oncology Nursing

“Cheer, Fight, Win!”

June 4-5th, 2020

OMNI RESORTS
rancho las palmas | palm springs

Hope to see you there!



Quarterly Dinner October 2019



From the SCAPHON Scholarship Chair...
Barbara Buchbinder, RN, BSN, CPON
Children's Hospital of Orange County

It's not too early to start thinking about 2020 Survivor Scholarships! Thanks to the generous donations and member support of the 2019 SCAPHON Conference raffle, we raised over \$5000 to help support six \$1,000 Survivor Scholarships.

Please remember to encourage your patients and families to apply. Scholarship applications are available year-round on www.scaphon.org; please feel free to print these and hand them to your patients and families throughout the year.

The 2020 deadline for applications is April 15th. The winners will be announced at the 2020 SCAPHON Conference, to be held at the Omni Rancho Los Palmas Resort and Spa in Rancho Mirage.

And don't forget to nominate that exceptional coworker for the Kathy Ruccione Award!



Quarterly Dinner October 2019

From the SCAPHON Community Service Chair...
Danielle Mucker MSN, RN, CPHON
Children's Hospital of Orange County



Thank you to all who participated in the SCAPHON Conference Community Service Project supporting Together We Rise. We collected enough items to completely fill a Kia Forte! When we delivered the items, they were only expecting a few small bags, and they were completely blow away when we asked for a cart for the additional items. Thank you all for your support in making an impact in our community!



The 2019 Holiday season is officially upon us. This year we are partnering with local Ronald McDonald House Charities to gather some of their most needed items to keep these homes running. One of our members recently volunteered at a local Ronald McDonald House and noted that they could use some new cookware. We are currently in the process of obtaining a wish list from each facility.

In addition to collecting items at this year's December Quarterly meeting (December 10th), we will also be going to digital to collect our items. We will be using an Amazon Wish List, so that you can easily add an item to your usual Amazon order and not have to worry about how you are going to get it to the meeting.

Please stay tuned to our Instagram and watch for an email with more information.



Association of Pediatric
Hematology/Oncology Nurses



SCAPHON

Southern California Association of
Pediatric Hematology/Oncology Nurses

Association of Pediatric Hematology/Oncology Nurses
Southern California Chapter
cordially invites you to attend our
Quarterly Dinner Meeting and Educational Forum

“Biosimilars: An Overview”

Jennifer Spear Smith, MS, PhD, FACEHP
Director, Medical Scientist
Endocrinology and Biosimilars
Sandoz A Novartis Division.

SPONSORED by **SANDOZ** A Novartis
Division

December 10, 2019
6:30 p.m.

Claim Jumper Restaurant
Fountain Valley

18050 Brookhurst St.
Fountain Valley
(714) 963-6711

From the 405 Freeway:
Exit Brookhurst and proceed south.
Located just south of the 405 Freeway
at the corner of Brookhurst and Talbert

Parking is free and readily available

Approved by the California Board of Registered Nursing
Provider Number 10530, for 1.0 Contact Hour

At the conclusion of this presentation, the learner will:
At the conclusion of this presentation, the learner will:

1. Describe what biologic medications are, how they are developed, and what makes them so complicated and expensive to produce
2. Discuss what a biosimilar is and why it different from a generic medication
3. Recognize the inherent nature of biological variability
4. Discuss the process that defines the level of similarity between biosimilars and their reference products
5. Explain the FDA approval process
6. Inform your work colleagues about biosimilars that are approved in the US

For more information, contact:
Jill Stites: jstites@choc.org
Quarterly Program Planner

SCAPHON Quarterly Meeting Registration Form

Registration Deadline: December 3, 2019

(There will be a \$5.00 Late Fee for Registrations after December 3, 2019)

Yes! I will be attending the SCAPHON Quarterly Dinner Meeting and Educational Forum
At 6:30 pm on **Tuesday, December 3, 2019** at the Claim Jumper in Fountain Valley

Name: _____ Menu selection: Vegetarian Meat Gluten Free

Address: _____ Phone: _____

City: _____ Zip _____ SCAPHON Member: Yes No

Institution: _____ RN License # _____

SCAPHON Members: Quarterly Meeting INCLUDED with Membership (*Still Need to Register)

Non-Members: Enclose registration fee of \$25 payable to SCAPHON (\$30 if postmarked after **December 3, 2019**)

*Please return this registration form by **December 3, 2019**

Mail to:
Jill Stites
10942 Cherry Hill Drive
Santa Ana, Ca 92705

OR

Online Registration
<http://www.scaphon.org/quarterly-lecture/>



Jill Stites
10942 Cherry Hill Drive
Santa Ana, Ca 92705



**Southern California Association of
Pediatric Hematology/Oncology Nurses**

SAVE THE DATE!

**SCAPHON'S 34th
ANNUAL
CONFERENCE
June 4 & 5, 2020**



SCAPHON now has a page on Facebook!
**"Like" us to get updates on the events of
our local chapter!**

Note: If you no longer wish to receive the *SCAPHON Scoop* and wish to be removed from the mailing list, please contact Anne Nord @ website@SCAPHON.org